

## **CONSENT FORM FOR CHEMICAL PEEL PROCEDURE**

**Clinic Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Doctor Name:** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

---

### **1. PROCEDURE DESCRIPTION:**

I, the undersigned, voluntarily consent to undergo a **Chemical Peel**. The procedure involves applying a chemical solution to exfoliate the skin, improve its texture, and reduce the appearance of fine lines, acne scars, and pigmentation

### **2. POTENTIAL RISKS & COMPLICATIONS:**

I understand that while Chemical Peels are generally safe, they carry potential risks, including but not limited to:

- Redness, irritation, swelling, or burning sensation
- Peeling, dryness, or crusting of the skin
- Temporary or permanent hyperpigmentation or hypopigmentation
- Increased sensitivity to sunlight
- Infection or scarring (rare)
- Allergic reaction to the peeling agent

### **3. CONTRAINDICATIONS:**

I confirm that I have disclosed any medical conditions that may affect the outcome of the procedure, including but not limited to:

- Active skin infections, open wounds, or cold sores
- Pregnancy or breastfeeding
- History of keloid scars
- Recent use of Accutane or other strong medications

### **4. ALTERNATIVE TREATMENTS:**

I have been informed of alternative skin rejuvenation treatments and understand that I have the option to decline treatment.

### **5. POST-PROCEDURE CARE & FOLLOW-UP:**

I understand that proper aftercare is essential and agree to:

- Avoid sun exposure and use a broad-spectrum sunscreen daily
- Refrain from picking or scratching the treated area
- Follow the post-procedure skincare regimen as instructed by my doctor

### **6. CONSENT TO PHOTOGRAPHY (Optional):**

I give permission for my photographs to be taken for medical records and treatment monitoring purposes. These images will remain confidential.

[ ] Yes, I consent

[ ] No, I do not consent

**7. INFORMED CONSENT & ACKNOWLEDGEMENT:**

I have read and fully understand the information provided in this consent form. I have had the opportunity to ask questions, which have been answered to my satisfaction. By signing below, I acknowledge that I am making an informed decision to undergo this procedure.

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Witness (if applicable):** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Doctor Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



Global  
Institute of  
ayurvedic  
**Dermatology**  
& Aesthetics

**GIADA**